

HIGHWAY 2 HEALTH WELLNESS PROGRAM

2023

Employee and spouse wellness program



Preventioncloud support information:



Web: www.preventioncloud.com



Email: support@preventioncloud.com



Phone: (877) 378-8880



Address: 1700 Post Oak Blvd. Suite 600, Houston, TX 77056

Getting Started

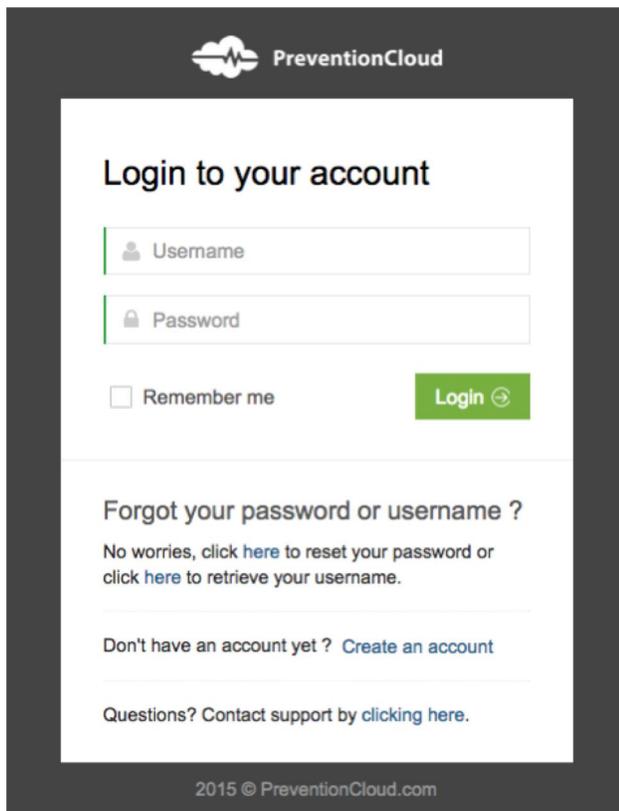
REGISTRATION

New User:

Using your computer or mobile device, go to www.preventioncloud.com

Or download the PreventionCloud App

If you forgot your password, click on the forgot password.



The screenshot shows the PreventionCloud login interface. At the top left is the PreventionCloud logo. The main heading is "Login to your account". Below this are two input fields: "Username" with a person icon and "Password" with a lock icon. There is a "Remember me" checkbox and a green "Login" button with a right arrow. Below the login fields, there is a link for "Forgot your password or username ?" with instructions to click "here" for password reset or "here" for username retrieval. At the bottom, there is a link for "Don't have an account yet ? Create an account" and a link for "Questions? Contact support by clicking here." The footer contains "2015 © PreventionCloud.com".

Instructions:

Username:

FIRSTNAMELASTNAMEBirthyear
(ex. JOHNSMITH1972)

Initial Password:

Birthdate (MMDDYYYY)

Once logged in, you will be prompted to change your password. You will use that password every time you login. If you forget your password, click on forgot password.

Spouses/Partners will have their own separate login.

Do not use another participants forms.

Each individual is given a preventioncloud user number listed on their forms.



INCENTIVES & REWARDS

○ What is the Wellness Program?

Your company offers a voluntary wellness program that allows you to complete wellness related activities and earn rewards. Each wellness-related activity is required and your goal is to complete the three requirements and earn points between November 1, 2022-October 31, 2023 to receive the reward of a premium differential in 2024. Both the employee, and spouse/partner (If applicable), will need to complete the requirements in order to qualify for the incentive. **You will both have your own separate logins and separate participant forms.**

○ How Do I Receive the Reward?

Employees enrolled on the company health plan will have the opportunity to receive a premium differential in the 2024 plan year by completing the following tasks: an annual physical, a dental visit, and completing a health risk assessment. All activities must be completed between 11/01/2022 and 10/31/2023. Both the employee, and spouse/partner (If applicable), will need to complete the requirements in order to qualify for the incentive.

○ New Hires

All new hires will be automatically enrolled in this wellness program and should expect an email from PreventionCloud containing information on how to access their accounts. Once their account is set up, they can begin tracking Wellness Points through 10/31/2023. Those that are hired on or after 05/01/2023 will be grandfathered into the premium differential for the 2024 plan year and will be expected to participate in the wellness program beginning in 2024.



ACCESSING THE PHYSICIAN AND DENTAL VISIT PACKETS

From The Wellness Dashboard

Click on:
ACTIVITIES TAB



Click on
HIPAA Release Online



Once completed, you may download and print **EACH** Packet.

Form Download



Take your form to your primary care physician, and your dental team. Fax or input the information to PreventionCloud.

Tasks/ Activities	Required/ Optional	Due Date	Status	Date
Physician Visit Packet	Required	10/31/2023	Incomplete	
Health Risk Assessment	Required	10/31/2023	Incomplete	
Dental Visit Form	Required	10/31/2023	Incomplete	

An established relationship with your primary care physician is essential for early detection of health issues and for keeping you healthy.

* Please refer to your physician visit packet for further instructions.

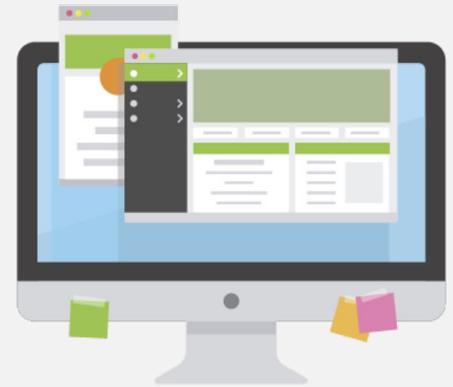
HOW TO SUBMIT YOUR PHYSICIAN AND DENTAL VISIT PACKETS

3 Options to Submit your Packet:

1. SECURE ONLINE PHYSICIAN ENTRY:

Have your physician login and submit your information.

1. Log on to PreventionCloud Forms
2. Enter your patient's ID code. Ie: C1425666
3. Update your patient's information and you're done!



2. SECURE ONLINE USER UPLOAD:

Submit via computer or phone.

1. Log on to your personal portal: www.preventioncloud.com.
2. Click "Health Forms" located on your left menu
3. Click "Submit Forms" located on your left menu
4. "Select Form" section: Click the dropdown arrow to select the proper form
5. Attach your wellness form and click "Submit"
*if you are using your phone you can take a picture of your form
6. You can view if your wellness form is approved by clicking on your "Submitted Forms" tab located on your left menu

3. FAX THE FOLLOWING PAGES TO 713-714-2273

Make sure your physician or yourself receive a fax confirmation from your fax machine.

Please allow 3-5 business days to receive credit.
Please contact Support@preventioncloud.com for any questions.



ACCESSING THE HEALTH ASSESSMENT

From The Wellness Dashboard

Click on



Click on



Answer the questions to the best of your knowledge and click "Continue" at the bottom of the page to proceed to the next page.

The screenshot shows the Highway 2 Health Wellness Program dashboard. On the left is a green sidebar menu with items: Dashboard, Activities, Health Forms, My Health (highlighted with a red box), and Support. The main content area features a large banner with a photo of four smiling people and the text 'WELCOME TO YOUR 2023 WELLNESS PROGRAM'. Below the banner are two sections: 'Participation Summary' and 'Current Points'. The 'Participation Summary' table lists three required activities: Physician Visit Packet, Health Risk Assessment, and Dental Visit Form, all with a due date of 10/31/2023 and an 'Incomplete' status. The 'Current Points' section shows a '2023 Wellness Campaign' with a 'Wellness Incentive' bar that is currently at 0 points out of a possible 3 points.

Tasks/ Activities	Required/ Optional	Due Date	Status	Date
Physician Visit Packet	Required	10/31/2023	Incomplete	
Health Risk Assessment	Required	10/31/2023	Incomplete	
Dental Visit Form	Required	10/31/2023	Incomplete	

Make sure to complete the entire Health Assessment questionnaire in order to receive credit of completion. All individually identified Health information collected and maintained by PreventionCloud is kept 100% secure and private.

Getting Started



THE PREVENTIONCLOUD APP!

You can now sync your favorite device to the wellness program!

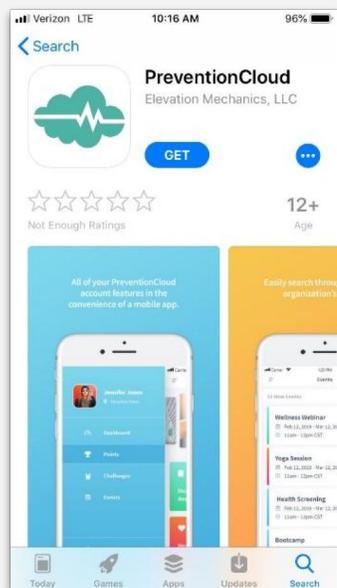
HOW TO DOWNLOAD THE PREVENTIONCLOUD APP (2 OPTIONS)

HOW TO LOG INTO YOUR PREVENTION CLOUD APP

Option 1

Open your app store on your mobile device and search 'PreventionCloud' (1 word)

**If you are on an Android you will need to search and click the text 'Search instead for preventioncloud.'*



Option 2

1. Download the Scan QR or Barcode app (download and open)



2. Take a picture from your QR Code app of the appropriate QR Code Below and download and open the PreventionCloud App

ANDROID QR CODE



IOS QR CODE



Username:

FIRSTNAMELASTNAMEBirthyear

Password: DOB (mmddyyyy)

Most Popular Devices

1. Apple Watch
2. Samsung
3. Fitbit
4. Garmin
5. Polar

PRIVACY OF HEALTH INFORMATION

○ **WHAT FEDERAL LAWS DO YOUR COMPANY AND PREVENTIONCLOUD FOLLOW?**

- Health Insurance Portability and Accountability Act (HIPAA) Compliant
- Genetic Information Nondiscrimination Act (GINA) Compliant

○ **WHAT DOES THIS MEAN?**

All individually identified health information collected and maintained by PreventionCloud is kept 100% secure & private. No individually identifiable health information is shared with your company or the Health Insurance Carrier. No family history is requested within the Health Risk Profile.

○ **WHAT IS SHARED WITH YOUR COMPANY?**

Only aggregate reports summarizing total population health information is given to your company. These aggregate reports will in no way reveal or provide any individually identified health information.